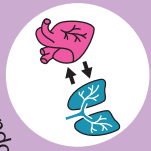




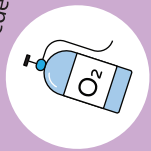
Healthy diet & nutritional support



Treat co-morbidities



Identify and reduce cardiopulmonary risk



Oxygen support when needed



Get recommended vaccinations



Lung volume reduction



Reduce risk factors



Physical activity & pulmonary rehabilitation



Avoid extreme weather conditions



Self-management plan



Edition 1.3 to distribute (01/2025). Created and designed by IPCRG. An educational grant from Boehringer Ingelheim enabled IPCRG to develop and test this tool. A grant from AstraZeneca enabled IPCRG to translate and distribute it. For user feedback visit <https://tinyurl.com/copdsurveyen>