

Recognised cause?
Symptoms consistent
with COPD?
Post bronchodilator
FEV₁/FVC < 0.7 OR < LLN



With asthma

**Predominant
Breathlessness**

**≥ 2 moderate exacerbations
OR ≥ 1 hospitalisation
in last 12 months**

BLOOD EOSINOPHILS

Initial treatment

Follow-up treatment



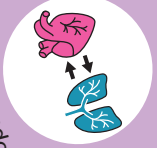
Self-management plan



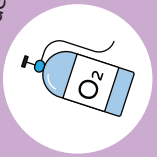
Healthy diet &
nutritional support



Treat co-morbidities



Identify and reduce
cardiopulmonary risk



Oxygen support
when needed



Get recommended
vaccinations



Lung volume reduction



Reduce risk factors



Avoid extreme
weather conditions



Physical activity &
pulmonary rehabilitation

LABA/
ICS

LABA/
ICS +
LAMA

LAMA

LABA/
LAMA/
ICS

LABA/
LAMA/
ICS

LABA/
LAMA

mMRC ≥ 2
CAT ≥ 10

LABA

LABA
or
LAMA

mMRC 0-1
CAT < 10

LABA

LAMA

< 100 cells/μl

LABA/
LAMA

LABA/
LAMA

≥ 300 cells/μl

LABA/
LAMA/ICS
if ≥ 300

LABA/
LAMA/ICS
if ≥ 300

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