Protect your lungs: recommended vaccinations for COPD

Influenza (flu)

COVID-19 Pneumococcal

Tdap/ DTaP

Shingles

Respiratory syncytial virus (RSV)

- Take each vaccine when it is offered to you, and keep a record of when the next dose is due. You can also ask for a written schedule for your next vaccinations.
- Some vaccines need multiple doses, while others only need to be given once.
 Ask your healthcare professional to give you a schedule for when your vaccines are due.
- The age you are offered some vaccines, and how many doses you need, will vary
 depending on national guidelines and your health conditions. The six vaccinations
 above are all suggested for people with COPD. If you are unsure, ask your
 healthcare professional.
- Some vaccines may currently not be available in all countries. However, they may become available in the future, so ask at check-up.
- Vaccines may cause some pain at the injection site or a mild fever, but this will pass. Contact your healthcare professional if any other symptoms occur.
- Some vaccines can be given together, but if you'd rather not, you can ask to have them at different times, or use different arms.